

**Drop In programs are open  
As we open up to welcome families  
we will be limiting number of  
participants. When we have reached  
the capacity for our playroom we  
shall post a full sign on the door.**

### **EarlyON Drop In Playtime:**

Drop-In program is designed for children from ages: **Birth – 6 years** old and their parent, grandparent or caregiver. Join for a fun- filled time of play, exploring art, songs, interactive circle time and outdoor play. A warm and supportive environment is created for you and your child to explore.

### **Baby Day**

#### **Tuesday am & Wednesday pm**

Baby day is a fun filled morning for parents and their babies (**Birth – 18months**). Come on out and play, learn songs and rhymes, and meet new friends. Discussion around topics such as child health and development. This is a time to meet our staff and learn about how they can support you and your baby. Sibling care is available

### **Infant Massage**

#### **Start Monday April 3<sup>rd</sup>**

Infant Massage connects you deeply with your baby. It helps you to understand your baby and respond with love and respectful listening. You and your child will love the special time together! This program is for baby's birth to 9mths. In person and online, please register.

### **Do you have Parenting Questions?**

Talk to our EarlyON staff or schedule an appointment to chat.

### **Registered Programs: Stroller Walks**

Looking for a way to get outside, explore a new trail, be in nature and meet new parents and children. Join Erika with some lively discussions along the way.

### **Coming Soon In April**

### **Bounce Back and Thrive**

**BBT** helps parents navigate everyday stress and role model these skills in daily interactions with their children helping them and their children to bounce back and thrive.

**Contact us: (519) 824-8498**

#### **Register for programs**

**Rachel Pearson**

**rpearson@shelldale.ca**

**Jacqueline Blundell**

*Early ON Programme Supervisor*

**jblundell@shelldale.ca**

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**Diana Boal**

*Executive Director*

**dboal@shelldale.ca**

**Thank you to our funders**



### **March Schedule**



**SHELLDALE**  
FAMILY GATEWAY

*“Working Together for a Thriving  
Community”*

### **SHELLDALE FAMILY GATEWAY**

20 Shelldale Crescent,  
Guelph, ON N1H 1C8

[www.shelldale.ca](http://www.shelldale.ca)

[info@shelldale.ca](mailto:info@shelldale.ca)

**(519) 824-8498**

## Drop-In Programs

Schedule Begins *March 2023*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>9:30 – 11:30am</b> <b>Drop-In</b> <b>Birth – 6yrs</b></p> <hr/> <p><b>10:00 – 11:30am</b> <b>Infant Massage</b> <b>Birth – 9mths</b> <b>Virtual</b> <b>Register</b> <b>Starts: April 3<sup>rd</sup></b></p> <hr/>	<p><b>9:30 – 11:30am</b> <b>Baby</b> <b>Drop - In</b> <b>Birth – 18 mths</b></p> <p style="text-align: center;">Sibling care available</p>	<p><b>9:30 – 11:30</b> <b>Workshop</b> <b>Wednesday</b> <b>Register</b></p> <hr/> <p><b>10:00 – 11:00am</b> <b>Stroller walks</b> <b>Register</b> <b>No Stroller Walk</b> <b>Mar 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup></b></p> <hr/>	<p><b>9:30 – 11:30am</b> <b>Toddler</b> <b>Drop-In</b> <b>18mths – 2.5yrs</b></p> <hr/>	<p><b>9:30 – 11:30am</b> <b>Drop-In</b> <b>Birth – 6yrs</b></p> <hr/> <p><b>10:00 – 11:30</b> <b>Music &amp;</b> <b>Movement</b> <b>Outdoor</b> Join Lory for a morning of dance, story walks, nature exploration and fun.</p>	<p><b>10:00 – 12:00pm</b> <b>Drop-In</b> <b>Birth – 6yrs</b> Join us for a fun-filled time of play, exploring art, songs, interactive circle time and outdoor play.</p>
<p><b>1:00 – 2:30pm</b> <b>Infant Massage</b> <b>Birth – 9mths</b> <b>Starts: April 3<sup>rd</sup></b></p> <hr/> <p><b>7:00 – 7:30pm</b> <b>Bedtime Stories</b> <b>Virtual</b></p>	<p><b>1:00 – 3:00pm</b> <b>Drop - In</b> <b>Birth – 6yrs</b></p> <hr/>	<p><b>1:30 – 2:45pm</b> <b>Parent Chat</b> <b>Virtual</b> Join us online to discuss topics and take part in lively discussions. <b>No Parent Chat</b> <b>March 1<sup>st</sup>, 8<sup>th</sup></b></p>	<p><b>3:30 – 6:30pm</b> <b>Drop-In</b> <b>Birth – 6yrs</b></p>	<p><b>1:00 – 3:00pm</b> <b>Drop - In</b> Join Amy for an afternoon of cooking together and food related activities.</p>	<p><b>Do you have Parenting Questions?</b> Talk to our EarlyON staff or schedule an appointment to chat.</p>
	<p><b>1:30 – 2:30pm</b> <b>Story time with Erika: Special Storyteller on March 7<sup>th</sup></b></p>	<p><b>1:00 – 3:00</b> <b>Baby Afternoon</b> <b>Drop In</b> Sibling care Available</p>			